

**Detail of Youth Red Cross activities organized by University Youth Red Cross,
M.D.University, Rohtak in session 2021- 2022**

[FROM 01.08.2021 TO 31.07.2022]

**1. Annual Meeting of University Youth Red Cross Committee M.D. University
Rohtak on 18.01.2022**

A meeting of Youth Red Cross Committee M.D. University Rohtak was held on 18.01.2022 under the Chairmanship of Professor Rajbir Singh, Vice Chancellor-cum-Chairman, University Youth Red Cross, M.D.University, Rohtak in the conference hall of Vice Chancellor's office. Dr. Anju Dhiman, Program Coordinator, Youth Red Cross, MDU, Rohtak welcomed the Chairman and other committee members. The program coordinator read out the brief progress report including the income and expenditure of the year 2020-2021. The tentative budget, activity calendar for the year 2021-2022 and other resolutions were passed in the meeting. The meeting was attended by members including General Secretary, Indian Red Cross, District Convenors and Secretaries of District Red Cross Societies through online and offlinemode.



2. Celebration of International Peace Day on 21.09.2021

International Peace Day was celebrated by Youth Red Cross on 21.09.2021. Prof. Randeep Rana, Chief Warden of Boys Hostel was invited as eminent guest. He addressed the youth and motivated them to work for the societal peace and wellbeing of the society. He appreciated the participation of YRC volunteers. Dr Anju Dhiman, Program Coordinator, Youth Red Cross, MaharshiDayanand University, Rohtak also appreciated the work and active participation of YRC volunteers in slogan writing competition. A rally around the MDU premises on the occasion of celebration of International peace day was organized. Volunteers spread the message of peace and harmony. Rally was flagged off by Prof.Randeep Rana, Chief Warden, Boys' Hostel. Slogan writing competition was also held at YRC office. Mr. Gaurav Dagar from Department of Commerce, M.D. University secured first position in slogan writing, Ms. Aakriti from Department of Law, M.D. University secured second position and Ms. Aashika Malik from Department of Commerce, M.D. University got third rank. YRC counsellors: Dr EktaNarwal, Dr Kapil Malhotra and Dr SapnaJangra coordinated the event.



3. Celebration of World Environmental Health Day on 25.09.2021

MaharshiDayanand University, Rohtak celebrated Environmental Health Day by organizing two online competitions – Poster Making & Selfie with Self Planted Tree(s) for Youth Red Cross volunteers of University Teaching Departments & University affiliated Colleges.

On this celebration, Program Coordinator of YRC, MDU Rohtak. Dr.AnjuDhiman appreciated said that we should come together to protect and save our environment in order to make our planet a healthier and happier place to live for our generations to come.

In competitive events, YRC volunteers participated in poster making competition and Selfie with Self Planted Tree(s). The winners of both the competitions were awarded appreciation certificates by YRC Office.

In poster making competition, 1st prize was awarded to Mr. Gaurav Malik, Department of Commerce, MDURohtak. 2nd prize was awarded to Ms. Kirti, Department of Law, MDURohtak. 3rd prize was awarded to Ms. Anjali, B.Sc. IInd year, Govt. PG College for Women, Rohtak. In case of competition in Selfie with Self Planted Tree(s), 1st prize was won by Ms. Tanu, B. Com. II nd year, Govt. PG College for Women, Rohtak. 2nd by Ms. Kajal, B. Com. II year, Govt. PG College for Women, Rohtak and 3rd by Ms. Ritu, B. Com. IInd year, Govt. PG College for Women, Rohtak. The programme was coordinated by YRC counsellors Dr.EktaNarwal, Dr. Kapil Malhotra and Dr.Sapna.



4. Webinar on 'Sanitization and Exposure to Indian Sign Language for Inclusive Education' on 28.09. 2021

A webinar on the topic - Sensitization and Exposure to Indian Sign Language for Inclusive Education was organized under the aegis of Youth Red Cross Committee of Maharishi DayanandVishwavidyalaya. The event was organized in collaboration with Haryana Welfare Society for Persons with Speech and Hearing Impairment, Panchkula and Center for Disability Studies, MDU. Prof. Rajbir Singh, HonorableVice Chancellor, MDU was invited as chief guest.

Prof. Rajbir Singh said that sign language has an important role to play in bringing special children (deaf and dumb) into the mainstream. Special students can move ahead in life by getting educated through sign language. What is needed today is that special children should be given adequate opportunities to learn and grow. Prof. Rajbir Singh congratulated the organizers of this webinar.

Dr.Sharanjit Kaur, President, Haryana Welfare Society for Persons with Speech and Hearing Impairment was invited as distinguished guest. She said that special children also have the right to live, learn and move forward in life with dignity like other children of the society. Giving detailed information about the efforts being made by the society for the welfare of deaf and dumb children. She highlighted the importance of sign language.

Haryana Welfare Society for Persons with Speech and Hearing Impairment's resource persons: ISL teachers Swati and Nitesh and interpreters Shreya Soni and Bina conducted various sessions related to sign language and made the participants aware of its functions by giving information about the society.

Youth Red Cross program coordinator Dr. Anju Dhiman gave welcome address and discussed a brief note about the programme. Director of Center for Disability Studies,Prof.Jitendra Kumar expressed gratitude and informed about the futureplan and programs of the centre. YRC CounselorDr.Sapna conducted the program. YRC counselorsDr.EktaNarwal and Dr. Kapil Malhotra coordinated the event. Around 125 participants attended this webinar.





5. Cleanliness Drive on the occasion of ‘SwachhtaParv’ at MDU Campus on 01.10.2021

A cleanliness drive was organised by Youth Red Cross Office, MDU as a part of celebration on ‘SwachhataParv’. More than 60 volunteers actively participated in Shramdaan activity. Mr. Mohd. Shakir and Ms. Anchal Sharma, YRC student coordinator helped in coordinating the activity and arranged resources. All the MDU Youth Red Cross volunteers of UTD along with volunteers from Govt. PG College for Women, Rohtak showed their dedicated efforts towards this event. Dr.EktaNarwal, Dr.Sapna and Dr. Kapil Malhotra, YRC counsellors motivated the students involved in the programme. Dr. Anju Dhiman, Programme Coordinator appreciated the efforts of YRC counsellors and all the student volunteers from MDU and other institute from Rohtak.



एमडीयू में शिक्षकों व स्टूडेंट्स ने सफाई अभियान चलाया

रोहताक | एमडीयू में महात्मा गांधी की जयंती के उपलक्ष्य में शुकवार को साफ-सफाई अभियान चलाया गया। एमडीयू के रसायनशास्त्र विभाग में विभागाध्यक्ष प्रो. सपना गर्ग, इकोनॉमिक्स विभाग में विभागाध्यक्ष प्रो. संतोष नौदल, सांख्यिकी विभाग में विभागाध्यक्ष प्रो. रतना राज लक्ष्मी, लाइब्रेरी एवं इंफार्मेशन साइंस विभाग में अध्यक्ष प्रो. एनके स्वैन, आईएचटीएम में निदेशक डॉ. संदीप मलिक समेत अन्य विभागों में विभागाध्यक्षों के नेतृत्व में शिक्षकों, गैर शिक्षक कर्मियों एवं विद्यार्थियों ने साफ-सफाई अभियान चलाया। डॉ. अंजु धीमान की अगुवाई में चाईआरसी काउंसिलर्स एवं चार्लेटियर्स ने विश्वविद्यालय परिसर में साफ-सफाई कर स्वच्छता की अलख जगाई।



6. Celebrated Mahatma Gandhi Jayanti on 02.10.2021

A cleanliness campaign was organized as a part of celebration of Mahatma Gandhi's birth

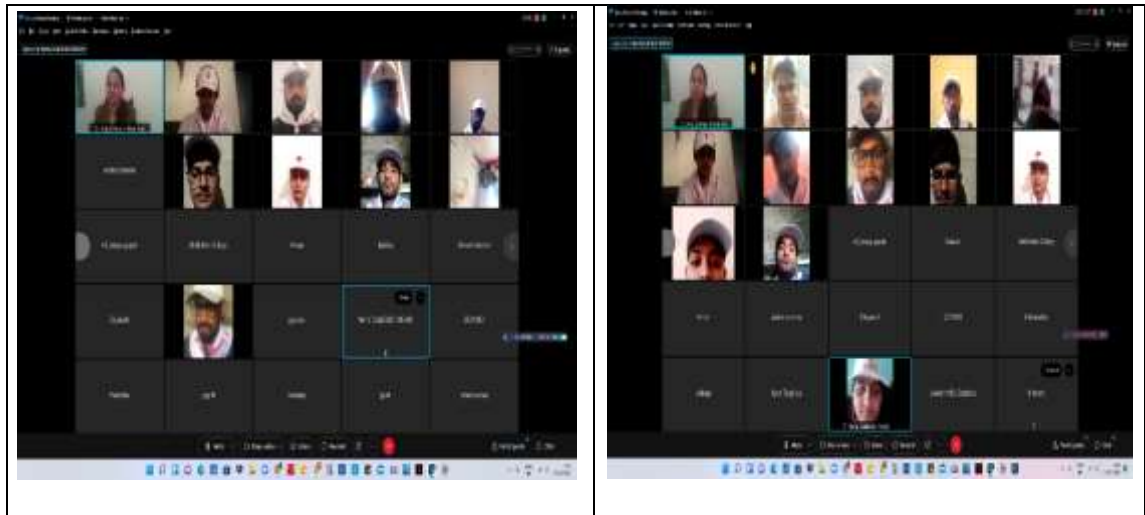
anniversary under the aegis of AzadiKaAmritMahotsav. Vice Chancellor Prof. Rajbir Singh appreciated and encouraged all the teachers, non-teaching staff and students for their active participation in cleanliness festival.

YRC counselors and volunteers raised the awareness of cleanliness while cleaning the university campus. Apart from this, officers and employees of University Teaching Departments, Horticulture Department and General Administration Branch took part in cleanliness drive at different places in the University.



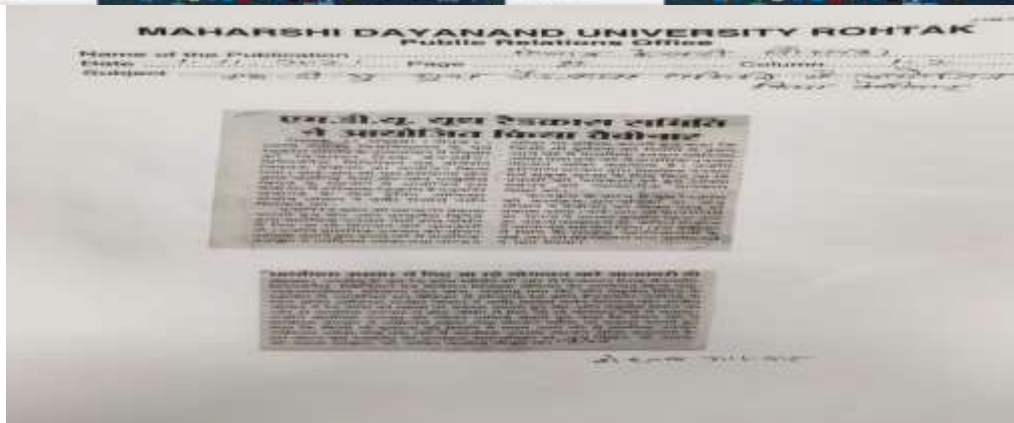
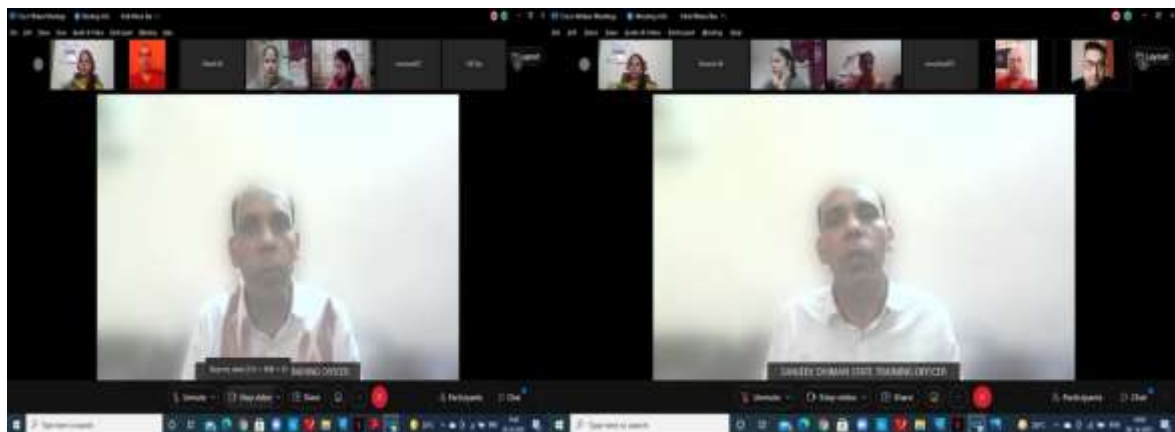
7. Awareness Program regarding Youth Red Cross Activities

An online awareness program was organized on 15th October, 2021 in which Program Coordinator, Dr.Anju Dhiman addressed the registered youth red cross volunteers and discussed in detail regarding the vision, mission and activities of youth red cross. The session was interactive and the registered volunteers from UTD shared their views while participating in this program.



8. Disaster Risk Management: Preparedness, Mitigation & Prevention on 25.10.2021

Youth Red Cross, MaharshiDayanand University, Rohtak organized webinar in collaboration with IRCS & St. John Ambulance Brigade, Haryana State Branch Chandigarh on the topic: "Disaster Risk Management: Preparedness, Mitigation & Prevention" on October 30, 2021 from 3:00PM onwards for Principals, YRC Counselors and Volunteers of UTD and Colleges affiliated with MDU Rohtak. Sh. Sanjeev Dhiman, State Training Officer, St. John Ambulance, Haryana State Branch, Panchkula was invited as resource person. He discussed the activities of St. John Ambulance along with the methods to manage and prevent disaster risk in day to day life.



9. Dengue Awareness Campaign at Rohtak District

Social awareness about dengue was spread in Gandhi School, Sec.- 6, Rohtak, Saini Girls Sr Sec School, Rohtak, Village Julana, Village MokhraKhas and I.P.S. School, DLF Colony Rohtak by the Youth Red Cross Committee of Maharishi Dayanand University in first and second week of November, 2021.

YRC Volunteers MohdShakir, Gourav Malik, Chhavi, Isha, Deven, Rahul, Sonu, Jyoti, Anshu, Pankaj, Ravi, Sunny, DivyaMiglani, Akhriti, Dolly, Gaurav Dawar and Kanika played an active role in this program to educate the people at different places in Rohtak about the causes of dengue, its prevention and treatment. Volunteers gave a detailed information about the causes and symptoms of Dengue and told them to keep cleanliness around their house and should not allow water to stand in empty utensils, coolers, tyres, and other places where larvae may breed. Dr. Anju Dhiman motivated and encouraged the efforts of YRC volunteers.



10. Vaccination awareness campaign at Distant Education Building, MDU, Rohtak on 27.11.2021

Youth Red Cross volunteers sensitized the students joined in new session to get the Covid vaccination done and usage of masks. Youth Red Cross Program Coordinator Dr. Anju Dhiman said that the YRC volunteers motivated the newly admitted students to get vaccination for the prevention of corona infection and created awareness in the society. The volunteers emphasized that with the commencement of classes in offline mode, the use of masks is necessary for the safety of all. Dr. Anju Dhiman, Program Coordinator said that Corona infection can be dealt with awareness and understanding. YRC Volunteers MohdShakir, Aanchal Sharma, Kanika, Doli, Sunny, DevenHarit, Ravi Mehra, Nitin, Rahul, Vikas, Babita, Uttam Singh, Dinesh and Aanchal actively participated in awareness campaign on COVID vaccination and essential usage of masks.



11. YRC Organised a Webinar on 'Cyber Security in World of Digital Education'

A webinar on Cyber Security in the World of Digital Education was organized on 29.11.2021 by Youth Red Cross Unit of Maharishi Dayanand University.

Youth Red Cross Program Coordinator Dr. Anju Dhiman delivered the welcome address and highlighted the content of the webinar. Dr. Antim Dev Mishra from Sushant University was invited as resource person in first session.

While describing the importance of cyber security, Dr. Dev Mishra put forth the important aspects related to it. He gave information about the challenges related to cyber security and the ways to deal with it.

In the second session, Prof. Latika from Ansal University, Gurugram apprised about the major points related to cyber awareness and said that cyber awareness is very important in this era of digitalisation. YRC Counsellor Dr. Sapna coordinated this webinar and expressed gratitude in the end. YRC counselors and volunteers from UTDs and affiliated colleges participated in this webinar.



12. YRC Organised a Webinar on 'Post COVID Mental and Social Issues'

A webinar on preparation for post covid psycho-social problems was organized on 30.11.2021 by the Youth Red Cross Committee of Maharshi Dayanand University.

Dr. Anju Dhiman, Program Coordinator, Youth Red Cross gave welcome address and brief about the programme. Prof. Sonia Malik, Head, Department of Psychology discussed about the mental problems of the person. She said that we must share our thoughts & should not keep them suppressed.

Prof. Sonia Malik said that we were all locked in homes during Covid and due to that, several changes have taken place in our personality, both physical and mental. Now we need to pay more attention to ourselves and should include more and more physical activities in our daily routine. Prof. Malik explained about different methods of meditation. 305 participants registered and joined this webinar.

Youth Red Cross counselors Dr. Ekta Narwal, Dr. Kapil Malhotra and Dr. Sapna co-ordinated the program. In this webinar Prof. Vinita Shukla, Dr. Jaipal Singh, Dr. Asha Sharma, Dr. Vivek Dang, Dr. Shalu Sharma, Dr. Kapil Malhotra, Principals of colleges affiliated with Maharshi Dayanand University, Youth Red Cross Counselors and Volunteers were present.



13. YRC Organised an awareness program on HIV AIDS on 01.12.2021

Youth Red Cross, MaharshiDayanand University, Rohtak organized an awareness programme for Youth Red Cross volunteers of UTD and local colleges on the occasion of “World HIV/AIDS Awareness Day on 1st Dec, 2021. Dr. Anju Dhiman gave welcome address and gave a brief note about the event. Prof. Roopa Malik, Dept. of Obstetrics and Gynecology from PGIMS Rohtak was invited as resource person. She gave an overview on HIV and AIDS, pathogenesis of this diseases, disease progression, window period and risk factors for transmission of HIV /AIDS. She also talked about major and minor signs in clinical diagnosis, treatment method and the drugs being used for the treatment of this disease. After the talk, an awareness rally was organized in MDU campus in which volunteers from MDU &affiliated colleges participated. Rally was flagged off by Dr. Asha Sharma, Associate Professor in Botany. Dr Kapil Malhotra coordinated the program.

YRC counsellors:Dr. Pooja Pasrija&Dr.Rakhi from Vaish College of Education, Rohtak, Dr. Shweta Gupta from VaishMahilaMahavidyalaya, Rohtak, Dr.VineetBala from Vaish College, Rohtak, Dr. Vinod Kumar &Geeta Rani from GV College of Education, Rohtak, Ms. Tina Saini From Saini College, Rohtak, Dr, VivekDangi from AIJHM College, Rohtak, Ms. Nishu from NRS College, Rohtak participated in this program.More than 175 YRC volunteers participated in this program and rally.



14. Poster making competition on the occasion of International Divyang Day on 03.12.2021

An online poster making competition was organized by University Youth Red Cross Unit on 3rd December, 2021 on the occasion of International Divyang Day.

The theme of the competition was - 'Not all disabilities are visible'. Volunteers from UTDs and MDU affiliated colleges participated in this event. Gaurav Dawar (Department of Commerce, MDU) stood first, Kirti (Law Department, MDU) got II position and Madhu (Vaisya Arya Kanya College, Bahadurgarh) scored third position. The contestants gave a message to the disabled about the right to equality.



15. Organised an Extension Lecture on “Social Media Use and Abuse”

One-day workshop on “Use and Abuse of Social Media” was organized on 09.12.2021 at Youth Red Cross office, MaharshiDayanand University. Dr.Pramod Malik from BPS MahilaVishwavidyalaya, Khanpur was invited as the resource person. He marked out the students the correct way of social media. As far as we have knowledge in interpersonal relationships, social media has played an important role in being a boon and a bane because on social media fake news and hate spreads frequently. He gave several examples where misuse of social media has happened several times and made volunteers aware of the fake/misleading information which spreads faster than real news and mentioned that everyone should avoid promoting misleading news. Dr. Anju Dhiman gave welcome address and brief note on the event. Dr. Kapil also shared his thoughts on the use and abuse of social media and gave vote of thanks. The workshop was successfully completed with knowledge and clarity on the use of social media. The session was interactive and motivational on use and abuse of social media services. More than 175 volunteers were present. Dr. Sandeep from PTNRS Government College, Ms.Monila from VaishMahila Mahavidyalaya, Mr.Nishant from AIJHM college, Dr.RenuBala from CR College of Education, Miss Tina Saini from Saini College, Dr. Vinod Kumar from GB College of Education, Dr.DhanpalSiwach from MKJK College, Dr. Kiran Malik from MKJK College, Dr. Satish from GCW, Dr.Jyoti Ahuja from Vaish College, Dr. Kamlesh Dhull from Vaish College and Dr.Taruna Malhotra from Vaish College participated in the workshop along with Dr.EktaNarwal as YRC counsellors from MDU and affiliated colleges. Dr.SapnaJangra coordinated the event.



16. YRC Celebrated National Energy Conservation Day

A poster making competition was organized on 17.12.2021 by the Youth Red Cross of Maharshi Dayanand University on the occasion of National Energy Conservation Day. Youth Red Cross Program Coordinator Dr. Anju Dhiman said that YRC volunteers enthusiastically participated in this poster making competition organized with the aim of creating awareness among the youth about energy conservation and displayed their creative skills brilliantly. In this competition, Gaurav Dawar from Department of Commerce got first, Sheetal Department of Economics got second and Neha Dalal from IMSAR, MDU got third position. YRC counselors Dr. Sapna Jangra, Dr. Kapil Malhotra and Dr. Ekta coordinated the program.



17. Eye-Health Check-up Camp

An Eye check-up camp was organized by University Youth Red Cross at Abhilasha Women's Hostel campus of Maharishi Dayanand University. Prof. Rajkumar, Dean, Students Welfare inaugurated the camp as Chief guest. Prof. Rajkumar said that eye protection is very important during covid pandemic. He told the students to get their eyes checked time to time and take special care of their eyes. Chief Warden Girls' Prof. Sanju Nanda, Dr. Dayal Sharan and Dr. Renu Sharan were present in the program as special guests. 130 girl students were examined in this eye check-up camp. The team of doctors from IQ Hospital - Dr. Manish, Vikas Sagar, Santosh Kumar and Gagan conducted eye examination. Dr. Anju Dhiman, YRC Counselors Dr. Sapna Jangra, Dr. Ekta Narwal, Dr. Kapil Malhotra, DS Saini, Lecturer First aid, Assistant Director Youth Welfare Dr. Pratap Rathi along with Girls Hostel Wardens, Supervisors and students were present.



18.Organised a Webinar on “Psychological Support for Youth during COVID-19 Crisis” on the occasion of National Youth Day Celebration

Youth Red Cross, Maharshi Dayanand University, Rohtak organized a webinar on “Psychological Support for Youth during Covid-19 Crisis” on 12th January, 2022.

Honorable Vice-Chancellor of MDU, Rohtak-Prof. Rajbir Singh graced the webinar as Chief Guest. He addressed the gathering about stress management and said that we should counter our stress. We should use the time of crisis in a positive way.

Eminent speaker Mr. Naresh Jaglan- Psychologist under Rehabilitation Council of India, New Delhi discussed the psychological support for youth during Covid-19 crisis. How to cope up with the psychological and mental health of youth during this pandemic? He said we should learn to beat the stress with our positive and optimistic approach. We should value time, understand our needs, and adapt to the situations. In this manner, we can prepare ourselves for any crisis type. According to reports, 90% of stress can be cured only by adopting healthy lifestyles. So, we should involve yoga and meditation in our lifestyle. The welcome address was given by YRC Programme Coordinator Dr. Anju Dhiman. She discussed about the theme of the webinar.

The webinar was coordinated by Dr. Ekta Narwal (YRC Counsellor, MDU). Dr. Kanta Rathee (YRC Counsellor, AIJHMC, Rohtak) delivered vote of thanks. Dr. Sapna and Dr. Kapil Malhotra helped in coordination of the webinar.

About 312 participants were present in this webinar. The principals, YRC Counsellors, volunteers/students of UTDs and affiliated colleges of MDU joined this event.

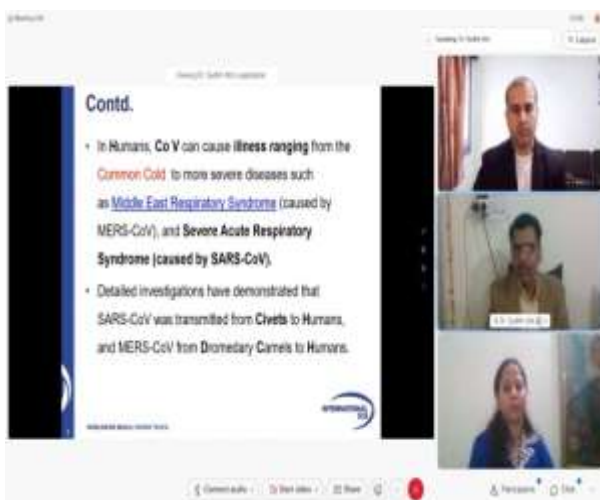


19.YRC Organized a webinar on “Recent update on Diagnosis, Management & Prevention of COVID”

Youth Red Cross MDU organized a webinar on ‘Recent update on Diagnosis, Management & Prevention of COVID’ on 15th January, 2022 from 11 am onwards.

Prof. Rajbir Singh, Vice Chancellor-cum-Chairman, Youth Red Cross MDU graced the program as Chief Guest. He said that covid protocol should be followed to prevent covid crisis. He appreciated the efforts of youth red cross and counsellors and students of MDU and affiliated colleges/institutions.

Prof. Sudhir Attri, Senior Prof. in Medicine and Hematologist, Pt. B.D. Sharma PGIMS Rohtak was the eminent speaker. He delivered his talk on “COVID-19: Current Updates on Diagnosis, Management & Prevention”. He discussed regarding the cause, symptoms, means of infection, new symptoms reported as per CDC, variants of corona virus like omicron variant. He also discussed the current scenario and about covid waves in India, diagnosis and treatment, clinical guidelines for management of adult covid-19 patients. He told the participants about home isolation guidelines to manage covid cases and useful helplines. He said that ‘Prevention is better than cure’ and emphasized several times to follow social distancing norms. There is need to avoid exposure / travel/ close contact as per the present situation & increased number of covid cases. Wearing mask is mandatory to avoid the societal spread of this pandemic further. Screening and contact tracing is important to stop the spread of this virus. He discussed the role of several types of masks available in the market, mask management, the basics and key facts about COVID – 19 vaccinations. He said that COVID-19 vaccination is a safer way to build protection against Covid-19. He also said that COVID-19 vaccines follow the same safety standards as all other vaccines. Covid-19 vaccination will help create an immune response in your body against the virus and may help keep the patient from getting severely ill, even if you do get COVID-19. He also said that Vaccination is one measure to stop the pandemic. He emphasized that to protect yourself, your family, friends, co-workers and the community, one must get vaccinated.



20. Organised a COVID-19 Vaccination awareness program at MDU Campus on 10.02.2022

Youth Red Cross volunteers of Maharshi Dayanand University made people aware of vaccinations in residential premises on 10.02.2022.

Youth Red Cross volunteers Mohd Shakir, Uttam Singh, Himanshu Kumar, Komal, Mandeep, Ritik, Antim, Aman, Mohit Kumar, Rahul Wats, Mohit Kumar, Rubal Sharma, Daven Harit, Ravi Mehra, Meenakshi, Praveen Kumar and Gulshan participated in this awareness campaign. YRC volunteers initiated this door to door campaign from residential complex to ensure hundred percent vaccination at MDU campus. Also, children between 15 and 17 years old were also motivated to get vaccination and older people to get booster dose.



21. Distribution of Hand Sanitizers

300 liters of Hand Sanitizers' (600 bottles of 500 ml each) were purchased by University Youth Red Cross from Allied Agencies, Rohtak and issued to all University Teaching and Non-University Departments including girls' and boys' hostels at MDU campus.

22. Meeting of District Conveners with Program Coordinator, Youth Red Cross, MDU

A meeting of various nominated district conveners was held on 25th February, 2022 with Program Coordinator, Youth Red Cross, MDU, regarding the promotion of Youth Red Cross activities in different colleges/ institutes affiliated with MDU. Dr. Vivek Dangi A.I.J.H.M, College, Rohtak, Dr. Surender Kumar Govt. College Sec. 09, Gurugram, Mrs. Urmila Principal M.A.C.W Jhajjar, Dr. Suresh Boora Principal Kanya Mahavidyala and Mrs. Pratibha Singh Principal GGSDS College Palwal joined in this meeting.



23. Celebration of 73rd Republic Day at Tagore Auditorium MDU organized by MDU Rohtak

Youth Red Cross unit including volunteers and counsellors from UTDs and affiliated colleges of MDU, participated during the Celebration of 73rd Republic Day at Tagore Auditorium MDU organized by MDU Rohtak on 26.01.2022. Prof. Rajbir Singh, Vice Chancellor-cum-Chairman, University Youth Red Cross graced the event as Chief Guest.



24. Celebrated MaharshiDayanandSaraswati Jayanti at Tagore Auditorium, MDU on 26.02.2022

Youth Red Cross unit including volunteers and counsellors from UTDs and affiliated colleges of MDU, participated during the Celebration of MaharshiDayanandSaraswati Jayanti at Tagore Auditorium, MDU on 26.02.2022.



25. Organised Blood Donation Camp and Celebrated Jan Aushadhi Diwas at Student Activity Centre on 07.03.2022

Blood donation is the best service of humanity. Blood donation is an effective means of life protection & there is a need to make blood donation popular in the mission society as well. Retired Indian Administrative Services Officer and distinguished pioneer of blood donation campaign in Haryana, Sh. Yudhveer Singh Khyalia said the above lines at Jan Aushadhi Program and Blood Donation Camp organized by Youth Red Cross Committee of Maharshi Dayanand University.

Chief Guest, Sh. Yudhvirsingh Khayaliatold about his efforts to establish blood donation as a mission in Haryana. He said that saving the life of man is a work of virtue. Prof. Rajbir Singh, Vice Chancellor, MDU congratulated Dr. Anju Dhiman and his team for organizing the blood donation camp.

In this program, Prof. Rajbir Singh said that “we won’t get life again”. Therefore, blood donation is necessary to save life. He said that social connect of educational institutions and students studying therein reflected the social responsibility of the university. He also said that M.D. University is preparing a detailed roadmap for social work and University Outreach. The program was coordinated by YRC Counselor Dr. Kapil Malhotra. YRC Program Coordinator Dr. Anju Dhiman gave welcome address and highlighted the importance of blood donation.

Dr. Anil Birla, Civil surgeon, Rohtak was invited as distinguished guest. Dr. Birla elaborated the importance of blood donation and first aid. 101 units of blood were collected in this camp. On the aegis of Jan Aushadhi Diwas, first aid boxes were distributed to representatives of academic departments and university hostels. YRC Counselor Dr. Ekta Narwal gave vote of thanks.

Prof. Sanju Nanda, Chief Warden Girls’ hostel, Dr. KS Malik, Deputy Civil Surgeon, Dr. Desh Deepak, Retired Professor MDU, Wardens and Supervisors of Girls’ & Boys’ Hostels, YRC Counselor Dr. Sapna Jangra, Director Youth Welfare Dr. Jagbir Rathi, YRC Volunteers. were present.



26. First Aid and Home Nursing training camp in the month of March, 2022

The First Aid and Home Nursing Training Camp for Youth Red Cross volunteers was organized in the batches of four following the covid guidelines issued by Indian Red Cross Society, National Headquarters, New Delhi. The camp was organized in the month of March. Prof. Manju Lata from Department of Biochemistry, UHS PGIMS was invited as Chief Guest during the inauguration of this camp. Dr. Anju Dhiman gave welcome address and

highlighted the importance of first aid training program. Prof. Manju Lata said that first aid serves as a lifespan for the needy. She explained the correct methods of giving first aid to YRC volunteers, describing primary treatment as life-right. In this program, Daya Singh Saini, Lecturer, First Aid & Home Nursing, Youth Red Cross Counselors:Dr. Kapil Malhotra and Dr.Sapna, Dr. Asha Sharma, Dr.MeenuBhan, Harish, Jitender and Patram were present.



27. First Aid Position 40th Inter-Zonal Youth Festival, Unifest-22 organized at MDU Tagore Auditorium

YRC unit maintained a First Aid post during 40thZonal Youth Festival from 25thto 27th March, 2022 at Tagore Auditorium, MaharshiDayanand University, Rohtak. Youth Red Cross

volunteers were also assigned the duty in discipline committee on 25th, 26th and 27th of March, 2022 at the Tagore Auditorium. Youth Red Cross volunteers actively performed the duty assigned in 40th Inter-Zonal Youth Festival, Unifest-22 organized at MDU and maintained first aid post and provided necessary first aid to the delegates, participants and students, whosoever needed.



28. First Aid Post on Adventurous Day of Hotel Management department, MDU, Rohtak on 06.04.2022

Youth RedCross unit assisted in providing emergency services and therefore, maintained first Aid post during Adventurous Day organized by Institute of Hotel & Tourism Management, MDU, Rohtak on 6th of April, 2022. The Youth Red Cross volunteers helped about 30 people which includes students, teachers, and non-teaching staff. Professor Rajbir Singh, Vice Chancellor of the University appreciated the volunteers for their work and persistence to provide service for mankind.



29. Celebration of World Health Day

The University Youth Red Cross organized a seminar on the topic 'Sustainable Lifestyle' on the occasion of World Health Day on 7th April, 2022 in the Department of Pharmaceutical Science, Maharshi Dayanand University, Rohtak. Mr. Arvin from Municipal Corporation, Rohtak was invited as resource person. About 120 students attended the seminar and learnt about the use of kitchen waste to create bio compost. Mr. Arvin also introduced the volunteers to the concept of ecobricks. The faculty from Department of Pharmaceutical Sciences & YRC counsellor along with students and volunteers attended this program in smart classroom in the Department of Pharmaceutical Sciences.



30. CLEANLINESS DRIVE ON 8th APRIL, 2022

A cleanliness drive was organized by the University Youth Red Cross to make the campus clean, green and plastic free. YRC volunteers from UTDs and affiliated colleges including Pt. NRS College, L.N. Hindu College, Vaish College of Education, GCW and Vaish College, Rohtak participated in this drive. More than hundred YRC volunteers participated in this drive. Program Coordinator, YRC: Dr. Anju Dhiman, Dr. Deepak Chhabra, YRC counselors: Dr. Ekta, Dr. Kapil Malhotra and other staff members were present in this drive.



31. Participation of YRC volunteers in traffic management in Alumni Meeton 09.04.2022

On the occasion of Alumni Meet at Tagore Auditorium, MaharshiDayanand University, Rohtak, Youths from YRC unit were assigned the job to control and manage the trafficon 9th April, 2022 in the university premises. They managed the traffic during this mega event and

coordinated the decongestion of traffic due to numerous vehicles entering the area. Prof. Rajbir Singh, Vice Chancellor, MDU appreciated the efforts of YRC volunteers for their active involvement.



32. First Aid post during the SPORTECH'22 organised by University Institute of Engineering and Technology (UIET), MDU, Rohtak on 12th&13th April, 2022

During two day event on Sports Day organized by UIET, MDU Rohtak, Youth Red Cross volunteers were assigned the job to manage First Aid Post on 12th and 13th April, 2022 to provide emergency help to the players in case of need. The program was inaugurated by Prof. Rajbir Singh, Vice Chancellor of the University. First aid & home nursing trained volunteers managed the post and provided first aid to approximately 70 students in this programme.



33. Organised a Blood Donation Camp on 21.04.2022

A blood donation camp was organized by Youth Red Cross, MaharshiDayanand University, Rohtakin association with *Bharat VikasParishadShakhaRohtakon* 21st April, 2022 from 09.00 am onwards in the premises of Vivekananda Library, M.D. University. Prof. Rajbir Singh, Vice Chancellor, M.D.U. and Sh. Manmohan Goyal, Mayor, Municipal Corporation Rohtak inaugurated this blood donation camp. Higher authorities of M.D. University including Prof. Novrattan Sharma (Dean Academic Affairs, MDU), Prof. Gulshan Lal Taneja (Registrar, MDU), Prof. Raj Kumar (DSW, MDU), Prof. Satish Malik (Chief Librarian, MDU), Prof. Jagbir Rathee (DYW, MDU) also joined the inaugural program and gave blessings to the blood donors and YRC volunteers. They congratulated YRC and Bharat Vikas Parishad, Sector Shakha, Rohtak for organizing this camp. From PGIMS, Rohtak, Dr. Monika and her team

made necessary provision for blood donation.

Program Coordinator, Dr. Anju Dhiman, YRC Counsellors: Dr.Ekta and Dr. Kapil Malhotra along with YRC volunteers from UTD, MDU and Govt. College for Women, Rohtak coordinated the event. Total of 70 units of blood were collected in this blood donation camp.



34. Poster making and slogan making competition on 400th Prakash Parv of Shri Guru Tegh Bahadur Ji (22.04.2022)

A oneday programme was organized at Tagore Auditorium by Dean Students' Welfare and Director, Centre for Haryana Studies, MaharshiDayanand University, Rohtak on the occasion of 400th Prakash Parv of Shri Guru Tegh Bahadur Ji, who dedicated his life for the betterment of mankind on 22 April, 2022. Youth Red Cross volunteers were assigned the duty to manage the discipline in the auditorium.

Department of Environmental Sciences in collaboration with DSW, NSS, YRC and ESM Cell MDU organized a poster making and slogan making competition same day on the occasion of World Earth Day i.e. 22 April, 2022.

Chief Guest Sh. Indresh Kumar and Prof. Rajbir Singh inaugurated the program. The 1st position in slogan making competition was achieved by Ms. Ritu, a Youth Red Cross volunteer, session 2021-2022.



35. World Red Cross Day Celebration on 08.05.2022

University Youth Red Cross in collaboration with Indian Red Cross Society, Haryana State Branch, Chandigarh celebrated "World Red Cross Day" at Tagore Auditorium of MaharshiDayanand University, Rohtak. The event was organized under the joint auspices of

the Indian Red Cross Society (Haryana Branch), District Administration Rohtak and MaharshiDayanand University.

His Excellency Shri BandaruDattatraya Governor, Haryana was the Chief Guest of the event. He said that in today's era of digitalization,the tasks of the Red Cross should also be digitalized. He said that digital technology should be used more and more in the education, health and employment generation sector. They should pave the way for skill development through the Red Cross. On this occasion, Honourable Governor appealed to make blood donation a social campaign. The Governor appreciated the work done for humanity by MDU and DitsrictState Red Cross. He also congratulated the Red Cross on organizing the 100th blood donation camp.

In this program, Prof. Rajbir Singh, Vice Chancellor, MDU said that education is directly related to service for humanity. The Vice Chancellor gave details of the remarkable work done by the MDU Youth Red Cross Volunteers during the Covid period. He said that the volunteers gave mental and physical support to the Corona victims and their families along with the necessary assistance including arranging oxygen cylinder and concentrators, promoted sanitization programs in their vicinity etc.

Former Haryana minister, Sh. Manish Kumar Grover said that Youth Red Cross is an important medium to provide humanity services. He said that Youth Red Cross should train public about providing appropriate medical assistance to road accident victims.

DrMukesh Agarwal, General Secretary, Haryana Red Cross gave tribute to Sir Jean Henry, the founder of Red Cross. He presented detail on the work done by the Haryana Red Cross Society. The gratitude was extended by Ms. Sushma Gupta, Vice Chairperson, HaryanaState Red Cross Society. At the start of the program, the Isha Panchal Avam team performed the welcome song.

His Excellency Shri BandaruDattatraya Governor of Haryana visited the exhibition organized by various district Red Cross Society of Haryana State, at Tagore auditorium. He encouraged blood donors in the blood donation camp organized by Youth Red Cross Unit, MDU in which 59 units of blood were collected.

In this state level program, the Governor rewarded the persons and colleges doing notable work in the Red Cross. Gold medal was awarded to Mr. Subhash Gupta for the year 2018-2019. First prize in the state level exhibition was presented to District Faridabad Red Cross Society, the second prize was won by District Red Cross Society,Rohtak and the third prize was awarded to the District Ambala Red Cross Society. Sir Jean Henry Dunant Trophy for the session 2019-2020 was awarded to All India Jat Heroes Memorial College,Rohtak and the trophy for the session 2020-2021 was awarded to LN Hindu College,Rohtak by University Youth Red Cross, MDU. For notable contribution to NSS activities, Dr.Ranbir Singh Gulia and Jasmine Bishnoi were also awarded. In this event, Sh. Manmohan Goyal, Mayor of Rohtak, Ms. Sushma Sharma, Treasurer of Red Cross Society, Prof.NovratanSharma,Dean Academic Affairs, Prof.Gulshan Lal Taneja,Registrar,Prof.Rajkumar, Dean Students' Welfare& other university officials, officials of District Administration and Youth Red Cross Volunteers were present. In this state level program, the Bulletin of MDU Youth Red Cross was released by His Excellency Shri BandaruDattatreya.YRC Program Coordinator Dr. Anju Dhiman, Counselors: Dr.EktaNarwal, Dr.Sapna, and Dr. Kapil Malhotra coordinated the event.



36. Celebration of International Yoga Day : Yoga for Humanity on 21st June, 2022

Youth Red Cross unit including volunteers and counsellors from UTDs and affiliated colleges of MDU, participated in 'Common Yoga Protocol Camp' during in M.D. University level Celebration of International Yoga Day on 21st June, 2022.



37. Certificate of appreciation to Program Coordinator, YRC, MDU by Pt. B.D. Sharma UHS Rohtak

Department of Immunology and Blood Transfusion, Pt. BD Sharma PGIMS Rohtak and Department of Public Health Dentistry, Post Graduate Institute of Dental Sciences, Rohtak organized Voluntary Blood Donation Camp and felicitation of Blood Donors including the organizations and institutes actively involved in this noble cause, in Rohtak and nearby districts, on 24th June, 2022. Dr. Anju Dhiman, Program Coordinator, Youth Red Cross, MDU was awarded with appreciation certificate for contribution of University Youth Red Cross, MDU in organizing voluntary blood donation camps by Pt. B.D. Sharma UHS Rohtak. Dr. Anita Saxena, Vice Chancellor, Dr. S.S. Lochab, Director and Dr. Gajender Singh, Sr. Prof. & Head, Department of IHBT, Pt. B.D. Sharma, PGIMS, Rohtak appreciated the activities being organized by YRC, M.D. University, Rohtak. The program was organized in Dental Auditorium, Pt. B.D. Sharma UHS Rohtak.

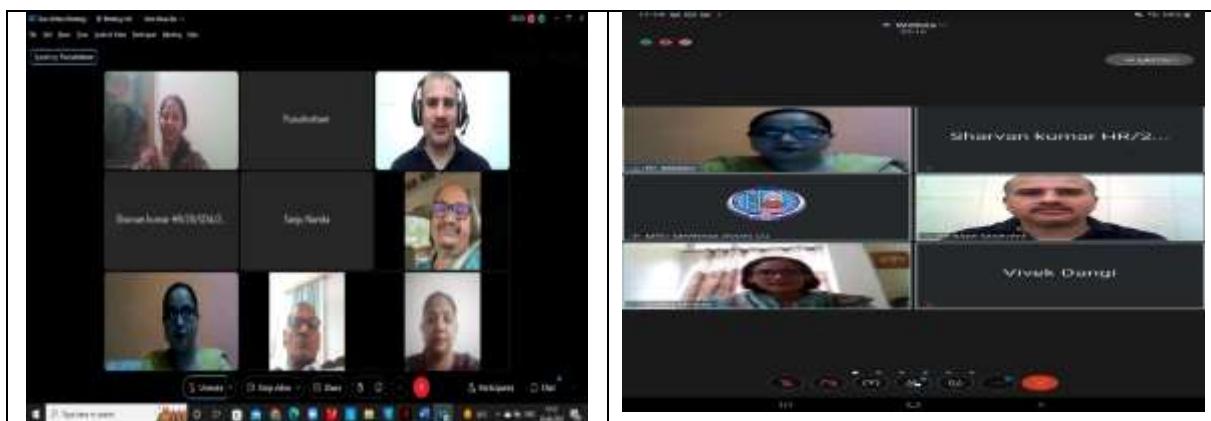


38. Webinar on 'International Day Against Drug Abuse and Illicit Trafficking' on 26th June, 2022 on the theme 'Share Drug Facts to Save Lives'

University Youth Red Cross, MDU in collaboration with Department of Pharmaceutical Sciences and Outreach Cell, MDU organized an Awareness Program through online webex platform of MDU on 'International Day Against Drug Abuse and Illicit Trafficking' on 26th June, 2022 on the theme 'Share Drug Facts to Save Lives'. The webinar was hosted by Dr Kapil Malhotra, Counsellor YRC MDU. Dr. Anju Dhiman, Program Coordinator, YRC gave brief about the program. The welcome address was delivered by Prof. Sanju Nanda, Dean, Dept. of Pharm. Sciences. The Chief Guest of the webinar, Prof. NovRattan Sharma, Dean Academic Affairs, M.D.U addressed the existing and emerging drug challenges. He talked about the right of health for children and youth, people using drugs, people with drug use disorders and people who need access to controlled medicines. He said that all stakeholders must take urgent action to protect people, by strengthening drug use prevention and treatment, and by tackling illicit drug supply. The first expert talk was delivered by Dr. Vidhu

Mohan, Dept. of Psychology, Punjabi University, Patiala. She gave her talk on “Drug abuse: Psychological insights”. The session was coordinated by Dr Meenu, Dept. of Pharm. Sciences, MDU.

The second expert talk was delivered by Prof.Purushottam, Psychiatry Institute of Mental Health, UHS PGIMS, Rohtak. He talks on “Facts & misinformation about drug abuse”. The session was coordinated by Dr Vandana, Dept. of Pharm. Sciences, MDU. Vote of thanks was given by Prof.RadheyShyam, Director, Outreach Cell, MDU. More than 150 volunteers including faculty members joined this webinar.



39. Oath Ceremony on 'International Day Against Drug Abuse and Illicit Trafficking' administered by Honorable Chief Minister Sh. Manohar Lal Khattar on 26th June, 2022

With reference to the Endst No. HRB-UA-2022/4992 dated 25th June, 2022 on the Subject: Eradication of drug menace from Haryana, Rollout of State Action Plan, an oath ceremony was held at Institute of Hotel & Tourism Management (IHTM) Hall of M.D. University Rohtak on the occasion of 'International Day Against Drug Abuse and Illicit Trafficking' on 26th June, 2022. The oath for the Eradication of drug menace was administered by Honorable Chief Minister of Haryana, Sh. Manohar Lal Khattar which was live streamed through You tube and Facebook. The event was started at 2 pm at IHTM Conference hall. Prof.Purushottam, Department of Psychiatry Institute of Mental Health, UHS PGIMS, Rohtak enlightened the volunteers about the drug addiction and drug abuse, their symptoms and management.

All the technical requirements for arranging the event as informed by ShrikantJadhav (IPS), Additional Director General of Police, Haryana State Narcotics Control Bureau, Madhuban (Karnal), were met by the UCC cell of M.D.University under the coordination of Dr. G.P. Saroha. Dr.JagbirRathee, DYW, Prof.RadheyShyam, Director, Outreach Cell MDY and Dr. Anju Dhiman, Program Coordinator YRC coordinated the program. The volunteers and counsellors of YRC and volunteers of NCC from UTD and affiliated colleges joined this oath ceremony.



40. Celebration of 'Paudharopan Pakhwara' [14.07.2022 to 31.07.2022]

PaudharopanPakhwara was inaugurated at MDU campus in the premises of Tagore Auditorium by The Governor of Haryana and Chancellor of MaharshiDayanand University, BandaruDattatreya as Chief Guest. He said that environmental protection is very important to face global warming and other environmental challenges all over the world. As tree plantation has been identified as an important initiative for environmental protection, 75 trees were planted during the inaugural ceremony of PaudharopanPakhwara initiated on 14.07.2022. Haryana Governor and MDU Chancellor BandaruDattatreya addressed the university community after inaugurating the plantation fortnight at MDU campus.

Pledge to plant 75,000 trees by MDU and MDU affiliated colleges was taken during this program to spread the message of environmental protection.MDU Vice Chancellor Prof. Rajbir Singh said that MaharshiDayanand University is making continuous efforts to inculcate the values of social concerns and environmental protection in the entire society-state. He said that MDU is working to connect the younger generation with environmental concerns through plantation campaign. Dr.Sharanjeet Kaur, Prof.Gulshan Lal Taneja, Dr.JagbirRathi, Former Haryana Minister Manish Grover, Vice Chancellor of Pt Lakhmi Chand SupwaGajendra Chauhan, Vice Chancellor of Pt BDC UHS Prof. Anita Saxena, Rohtak Mayor Manmohan Goyal, District BJP President Ajay Kumar Bansal, eminent educationist Dr.Sita Ram Vyas, teaching and non-teaching fraternity of MDU were on this occasion.



41. Tree Plantation Drive by Youth Red Cross in collaboration with Forest Department, Rohtak on 24.07.2022

The Vice Chancellor of MaharshiDayanand University, Prof. Rajbir Singh planted saplings at Rohtak Outer By Pass under the plantation fortnight run by MDU. Dr. Sharanjit Kaur, the first lady of the university also planted saplings on the occasion. Prof. Rajbir Singh said that the university community is trying to effectively disseminate the message of environmental awareness and environmental protection in the entire society. The plantation drive was organized under the joint aegis of the Forest Department, Government of Haryana.

Dr. Anju Dhiman, Program Coordinator, Youth Red Cross, MDU, coordinated the volunteers. Dr. Vivek Dangi, Youth Red Cross In-charge of Jat College, Rohtak also supported the plantation. Vice Chancellor Prof. Rajbir Singh and Dr. Sharanjit Kaur encouraged the students. Prof. Vinita Hooda, chairperson of MDU's Botany Department and coordinator of ESM cell, said that MDU is celebrating plantation fortnight from July 14 to July 31, 2022. The sapling plantation fortnight was organized to commemorate the elixir of freedom. Dr. Surendra Singh Yadav, coordinator of MDU's University Outreach Program, coordinated the plantation program.

MDU Chief Warden Boys Prof. Randeep Rana, Dean Humanity and Arts Faculty Prof. Harish Kumar, SDO Horticulture Baljit Singh, Haryana Government Forest Department Officer Subhash Kalda, Devendra Malik, Horticulture Supervisor Ajmer Singh, YRC Office Personnel, Haryana Bio Diversity Board personnel etc. participated in this plantation programme.

